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The Brain That Changes Itself: Updates & Clinical Applications of Neuroplasticity Presented by: Dr. Norman Doidge, MD



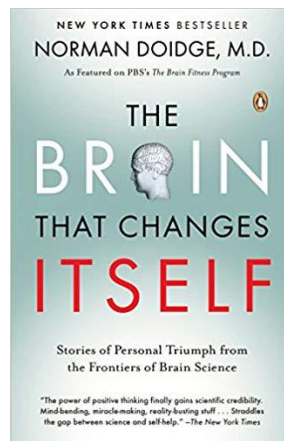
June 22nd & 23rd
King's University College, London, ON
Early Bird Rate: \$395 + hst

The discovery that the brain is “neuroplastic” and can change its structure and function in response to mental experience is the most important change in our understanding of the brain in hundreds of years. Dr. Doidge will illustrate how plastic the brain can be. He will show inspiring films of how seemingly incurable mental and brain problems—psychological, psychiatric and even neurological in basis—that were alleged to be “hardwired” and “incurable”- can be radically improved by understanding brain plasticity. Understanding brain plasticity can have immense clinical implications, not only for those with brain problems, but in terms of understanding emotional problems- and can indeed have implications in all our lives, as we assess our own potential.

Day one will focus on teaching attendees’ core neuroplastic concepts of how the plastic brain works and will be demonstrated through the use of a mix of clinical examples, case studies and film. Participants will learn the five stages of

neuroplastic healing and how our brain maps work and change. In exploring our two brain hemispheres, we will come to understand how their different mental functions can improve how we choose therapy types and conduct psychotherapy.

Day two will gradually introduce the application of neuroplastic insights into more disorders, including early developmental deficits, trauma, PTSD, learning disorders of all kinds, attention deficits, autism, brain-based chronic pain disorders. This workshop teaches principles, not protocols, and thus is applicable to a wide array of clinicians, therapists and therapies.



Participants will deepen their diagnostic skills and will help participants to realize the extent to which our brains are plastic. Dr. Doidge, who practices psychotherapy extensively, will also share how his own investigations of plasticity have altered his approach to patients.

Norman Doidge, M.D., is a psychiatrist, psychoanalyst, researcher, author, essayist and poet. He is on faculty at the University of Toronto's Department of Psychiatry, and Research Faculty at Columbia University's Center for Psychoanalytic Training and Research, in New York. He is the author of two New York Times Bestsellers. He lives in Toronto.

For details or to register, visit
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